

# Troop 777 Trek Sign Up

- Event:** Anza-Borrego Bow Willow / Mountain Palm Springs Day Hike
- Date:** Sunday, Jan 25th
- Description:** This will be a six-mile desert day hike in the Mountain Palm Springs area of Anza-Borrego Desert State Park. We will drive from Sports Authority for approximately 2 hr 15min to the Bow Willow Campground in the Southern end of Anza-Borrego. The hike starts on a meandering trail along a broad canyon replete with ocotillo, cholla, and barrel cacti leading to 'Southwest Grove'. After exploring the oasis, we will make a short climb up to 'Torote Bowl' to enjoy the great views of the valley below and the surrounding mountains. Backtracking a short distance, we will climb over a low ridge to 'Surprise Canyon Grove' and then head down an arroyo to the Mountain Palm Springs Campground. We will then hike up to 'Pygmy Grove' before heading back to the Bow Willow Campground. This is a relatively modest hike with great views and an opportunity to see California's only native palm species. (See Jerry Schad's book "Afoot and Afield in San Diego County" – Area D-11, Trip 3 – for more details.)
- Prerequisite(s):** BSA Health & Medical forms parts A, B, and C for Scouts  
**Broken in** boots or athletic shoes (**NO Skate shoes**)
- Depart:** Sports Authority Parking Lot, 7:00am, Class A Uniform for the drive out, Class B Uniform for the trail
- Return:** Sports Authority Parking Lot, Early afternoon
- Cost:** \$10
- Other:** Scouts should have a backpack or day pack with the 10 essentials and 2 quarts of water. Scouts also should wear good shoes or hiking boots. Sunscreen is a must and a hat is recommended. Bring a snack for the trail and a sack lunch.  
10 essentials link:  
<https://docs.google.com/open?id=0B9zKedtgG2QSOVfbnlCNTNybDA>
- Instructions:** Return Page 2 of the sign-up sheet with all information for scouts or adults by **Monday, January 12**. You can also mail or email the forms to Ian Kirkwood.
- Adult in Charge:** Ian Kirkwood, 760-330-6611
- Emergencies:** Debra Kirkwood, 760-505-8787

*(Keep this part for reference)*

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(Return this part with parent signature)

**Anza-Borrego Bow Willow / Mountain Palm Springs Day Hike**

**Jan 25, 2015**

Scout(s) Attending: (1) \_\_\_\_\_; (2) \_\_\_\_\_

BSA Health & Medical Form (Completion Date): (1) \_\_\_\_\_  
Valid for one (1) year from date of completion (2) \_\_\_\_\_

Adult(s) Attending: (1) \_\_\_\_\_; (2) \_\_\_\_\_

Required

- Youth Protection Training (Completion Date): (1) \_\_\_\_\_  
Valid for two (2) years from date of completion (2) \_\_\_\_\_
- BSA Health & Medical Form (Completion Date): (1) \_\_\_\_\_  
Valid for one (1) year from date of completion (2) \_\_\_\_\_

Additional Training for High Adventure Treks:

- CPR (Completion Date) \_\_\_\_\_
- First Aid (Completion Date) \_\_\_\_\_
- Climb On Safely (Completion Date): \_\_\_\_\_
- Physical Wellness (Completion Date: \_\_\_\_\_
- Safe Swim Defense (Completion Date): \_\_\_\_\_
- Safety Afloat (Completion Date): \_\_\_\_\_
- Trek Safely (Completion Date): \_\_\_\_\_
- Weather Hazards (Completion Date): \_\_\_\_\_
- Other: \_\_\_\_\_
- Other: \_\_\_\_\_

Special Info: \_\_\_\_\_

I Can Drive: \_\_\_\_\_.

Make, Model, Year, Color of Vehicle	License Plate	# of Seatbelts	Owner's Name	PUBLIC LIABILITY		
				Each Person (min = \$50,000)	Each Accident (min=\$100,000)	Property Damage (min=\$50,000)

I understand that participation in activities offered through Boy Scouts of America (BSA) Troop 777 involves a certain degree of risk that could result in injury or death. In consideration of the benefits to be derived and after carefully considering the risks involved, and in view of the fact that the BSA Troop 777 is an organization in which membership is voluntary, and having full confidence that precautions will be taken to ensure the safety and well-being of my Scout(s), I have given (1): \_\_\_\_\_; (2) \_\_\_\_\_ (name), my consent to participate in the activity above on the dates shown above.

By signing below, I certify that the above information is true and accurate to the best of my knowledge. I understand that I may be required to supply proof of any of the above information and I or my Scout(s) may be denied permission to participate if the requested information is not provided.

Signature of Adult(s), Parent(s) or Legal Guardian(s): \_\_\_\_\_ Date \_\_\_\_\_  
\_\_\_\_\_ Date \_\_\_\_\_